

CAHO Online Preconference Workshop

AN INITIATIVE OF CAHO
CLINICAL DIETETICS FORUM

Evolving Role of Dietitians and Exploring Opportunities in Nutritional Science & Dietetics

 **300 INR** (Inclusive of GST)

REGISTER NOW

 **25th Feb 2026 | 8:30 am to 3:30 pm**  **Christian Medical College, Vellore**



CAHO Workshop

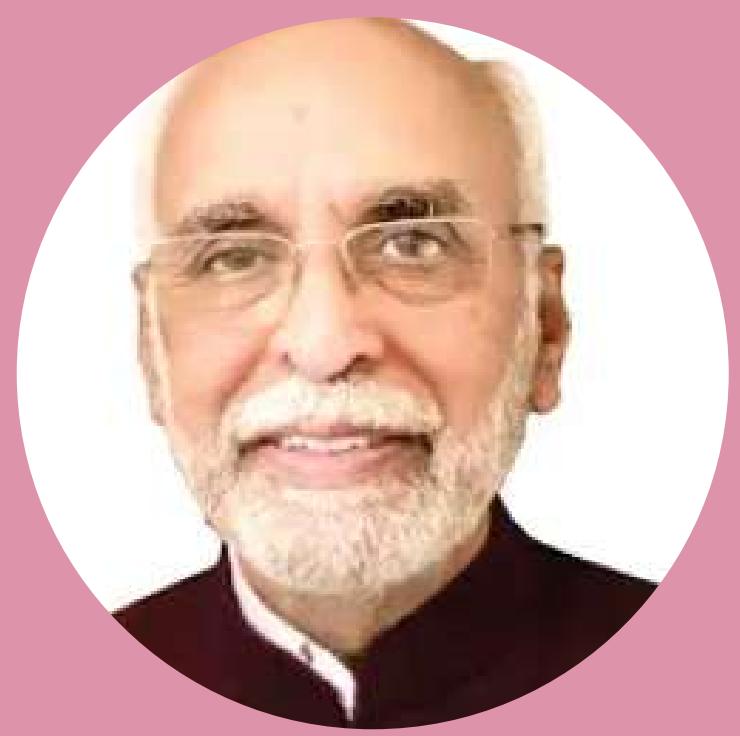
Topic: Evolving Role of Dietitians and Exploring Opportunities in Nutritional Science & Dietetics

TIME	TITLE	SPEAKER
8.30 – 9.30 am	Welcome & Inauguration	
9:30 – 9:45 am	Key Note address – Clinical Dietetics Forum: Our Journey at CAHO	Ms.Sanghamitra Chakravarti Mr Sudip Dey
9.45 – 10.15 am	Topic 1 – A Tapestry of Wellness : Nutrition & Dietetics	Ms. Jayalakshmi K
10.15 – 10.45 am	Topic 2 – The Loom of Restoration : Malnutrition and Nutritional care	Ms. Manimegalai Sakthivel
HI TEA – BREAK (10.45 – 11.15 AM)		
11.15 – 12.15 pm	Topic 3 – The blueprint : Nutrition Care Process	Ms.Vijayasree
12.15 – 12.45 pm	Topic 4 – A Symphony of Safe Creation: Ensuring Safety & Efficacy in Hospital Food Service	Ms.Yamini Prakash
12.45 – 1.15 pm	Topic 5 – Digital Wellness: AI in Nutrition	Ms.Sujatha Stephen
LUNCH BREAK (1:15–2:15 PM)		
2.15 – 2.45 pm	Topic 6 – Navigating the career maze: An Academician Point of View	Dr. Deivasigamani Revathi
2.45 – 3.30 pm	Topic 7 – Hands on Training: Case series	Ms. Kavitha K Ms. Anitha M Ms. Samundeedwari S
3.30–3.40 pm	Closing Remarks	Dr Lallu Joseph

Knowledge Partner



Patrons



Dr. Vijay Agarwal
President, CAHO



Dr. Lallu Joseph
Secretary General, CAHO
Associate GS& Quality
Manager, CMC Vellore

Organising Chair Persons



Ms. Manimegalai Sakthivel
Secretary - CDF CAHO,
Chief Dietitian, Christian
Medical College, Vellore



Dr. Deivasigamani Revathi
HOD, Dept of Foods &
Nutrition, Muthurangam Govt
Arts College, Vellore

Organising Secretaries



Ms. Sujatha Stephen
Chief Dietitian, Yashodha
Hospital, Malakpet



Ms. Yamini Prakash
Chief Dietitian, Kauvery
Hospital, Chennai

Organising Members



Ms. Sanghamitra Chakravarti
Chairperson, CDF - CAHO,
Head of Nutrition and Dietetics
Manipal Hospitals EMB, Kolkata



Mr. Sudip Dey
Mentor, CDF - CAHO
Head Quality & Academics
Woodlands Multispeciality
Hospital, Kolkatta



Ms. Edwina Raj,
Co-chairperson, CDF,
CAHO Chief Dietitian,
Aster Hospitals, Bangalore



Ms. Susan Itty,
Co-chairperson, CDF,
CAHO, Chief Dietitian,
Aster Hospitals, Kerala



Dr Kavitha
Co-chairperson, CDF, CAHO
Chief Dietitian, PSG
Hospitals, Coimbatore



Dr. Divya Choudhary
Co-chairperson, CDF,
CAHO Chief Dietician,
Rajiv Gandhi Cancer
Institute and Research
Centre



Ms. Charu Dua Shukla,
North Zonal Head, CDF,
CAHO
Chief Dietitian, Amritha
Hospitals, Faridabad



Ms. Richa Shukla
West Zonal Head, CDF,
CAHO, Clinical Nutrition,
Jehangir Hospital

Faculties



Ms. Sanghamitra Chakravarti
Chairperson, CDF - CAHO,
Head of Nutrition and Dietetics
Manipal Hospitals EMB, Kolkat



Ms. Jayalakshmi K
Sr. Lecturer
Dietetics dept
CMC Vellore



Ms. Manimegalai Sakthivel
Secretary - CDF CAHO, Chief
Dietitian, Christian Medical
College, Vellore



Ms. Vijayasree
Chief Dietitian
MGM Healthcare
Chennai



Ms. Yamini Prakash
Chief Dietitian , Kauvery
Hospital, Chennai



Ms. Sujatha Stephen
Chief Dietitian, Yashodha
Hospital, Malakpet



Dr. Deivasigamani Revathi
HOD, Dept of Foods &
Nutrition, Muthurangam
Govt Arts College, Vellore



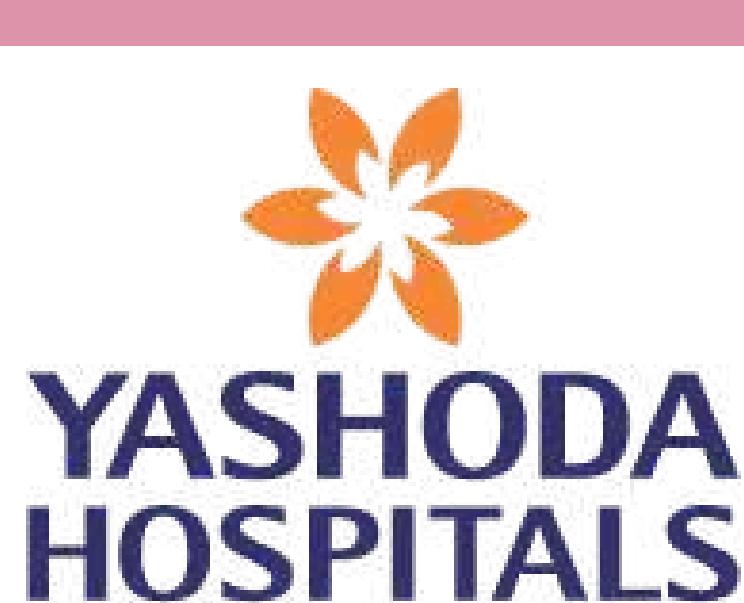
Ms Kavitha
Sr. Dietitian
Dietetics Department
CMC Vellore



Ms. Anitha M
Dietitian
Dietetics Department
CMC Vellore



Ms. Samundeeswari S
Dietitian
Dietetics Department
CMC Vellore



Knowledge Partner