



10TH EDITION

CAHOCON

20
26

PRE-CONFERENCE WORKSHOP



Register now



360°
EMERGENCY
READY. RESPOND. REVIVE.



Wednesday
28th January
2026



09:00 AM
TO
05:00 PM



Academic Hall 1,
RELA HOSPITAL,
CHROMEPET

Last date for registration: 20.01.2026

Central Objective:

To improve nurses' ability to recognize emergencies early, respond effectively, and provide safe and timely emergency care.

Specific Objectives:

At the end of the conference, participants will be able to:

- Assess emergency patients using the ABCDE approach and identify early warning signs of deterioration
- Respond confidently to cardiac and medical emergencies by following standard emergency care pathways
- Perform essential emergency skills including airway management, ECG interpretation, CPR, and BLS
- Manage shock, bleeding, and fluid resuscitation using evidence-based nursing practices
- Apply triage principles during mass casualty situations to prioritize patient care
- Interpret ABG values and provide appropriate nursing interventions
- Deliver safe post-resuscitation care and maintain patient stability
- Maintain emotional control, teamwork, and clinical focus during high-pressure emergency situations.

Organizing Committee



Dr. AJAY CHRISTOPHER
In-Charge, Emergency Medicine,
RIMC



Dr. YAYATHEE S
Nursing Director
Consultant Psychotherapist & Counsellor, RIMC



Ms. BHARATHI C
Chief Nursing Officer,
RIMC

Coordinators

Ms. Sophy Jegatheeswari S - Deputy General Manager - Nursing Education

Ms. Bhuvaneshwari S - Manager - Patient Safety and Nursing Quality

Ms. Sailaja P - Manager - Nursing Education

Mr. Vijay Daniel Raj P - Manager - Nursing Education

Praveen V - Assistant Manager - Nursing - Patient Safety

Ms. Thenmozhi B - Assistant Manager - Nursing - Tissue Viability

PROGRAMME AGENDA

Time	Session / Topic	Speaker
Ready : Identify, assess and anticipate emergencies early		
9:00 – 9:30 am	ABCDE Mastery: The first 60 seconds that Save Lives	Dr. Ajay Christopher In-Charge, Emergency Medicine, RIMC
9:30 – 10:00 am	Red Flags Decoded: Early Warning Scores in Action	Ms. Selma Thomas Nursing Superintendent, SRMC, Porur
10:00 – 10:30 am	AI & Technology in Emergency Assessment	Dr. Sai Surender Group Head Emergency Medicine, Dr. Kamakshi Memorial Hospital, Pallikaranai
10:30 – 11:00 am	Inauguration : Welcome Note & Note on CAHO and its activities	Chief Guest Dr. Anila Mathan Sr Consultant and Head Hematology and Transfusion Medicine, Apollo Speciality Hospital, Vanagaram Dr. Anuradha Pichumani Executive Director, Sree Renga Hospital, Chengalpattu Director, Narbhavi Multispecialty Hospitals Pvt Ltd, Kancheepuram TN
11:00 – 11:20 am	ER Readiness: Crash Cart to Code Cart – What Every Nurse Must Know	Dr. Vijay Daniel Raj Manager – Nursing Education, RIMC
RESPOND – Acting with Precision		
11:20 – 11:30 am	Tea Break	
11:30 – 12:00 Noon	Shock Mastery: Recognize, Respond, Revive	Ms. K. Catherine S Priyadharsini Nursing Superintendent SRM MCH & RC, Chengalpattu
12:00 – 12:30 pm	MI, Stroke & Sepsis Pathways: The Fast-Track to Survival	Dr. Shankar Balakrishnan Clinical Lead – Department of Neurology, Institute of Neuro science, RIMC
12:30 – 12:50 pm	Mass Casualty Triage: Who, What, When – The Nurse's Command Role	Ms. Devi N Manager – Nursing Emergency Department, RIMC
12:50 – 1:10 pm	Post-Resuscitation Care: What Happens After ROSC	Mr. John Hyde A In-Charge – NCCU, Kauvery Hospital, Kovilambakkam
1:10 – 1:30 pm	Mindfulness Under Pressure: Staying Centered in Chaos	Dr. Yayathee S Nursing Director, RIMC
1:30 – 2:15 pm	Lunch Break	

REVIVE — Restoring Stability : Skill Station

REVIVE — Restoring Stability : Skill Station				
Time	CPR + BLS Excellence Ms. Sailaja P Manager Nursing Education, RIMC	ABG Interpretation Sophy Jegatheeswari S Deputy General Manager – Nursing Education, RIMC	Airway Management (OPA, NPA & BMV) Mr. Inbaraj Assistant Manager – Nursing, RIMC	ECG Essentials : Catching killer rhythms : Dr. Deepak Sivalingam Consultant Liver Anesthesia & Intensive Care, RIMC
2:15 – 2:45 pm	Group A	Group B	Group C	Group D
2:45 – 3:15 pm	Group D	Group A	Group B	Group C
3:15 – 3:45 pm	Group C	Group D	Group A	Group B
3:45 – 4:00 pm	Tea Break			
4:00 – 4:30 pm	Group B	Group C	Group D	Group A
4:30 – 5:00 pm	Post-Test, Feedback & Certificate Distribution			

For Registration, Contact : Ms. Sophy Jegatheeswari S - +91 99446 92836



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